

☆ Riding & Auditing Opportunities ☆

Abigail Lyle Dressage Clinic

La Cresta Equestrian Center



Abigail Lyle (born 22 April 1985 in Bangor, County Down, Northern Ireland) is an Irish dressage rider who has risen rapidly to become one of the country's leading competitors.

Despite coming from a non-equine background, she persuaded her parents to buy her a horse after completing her GCSEs—and later moved to England in 2009 to pursue a career in dressage.

She trains in England (Wiltshire) under coach Carl Hester and has become Ireland's top-ranked dressage athlete.

Key career highlights include:

- Making her championship debut for Ireland at the 2022 FEI World Equestrian Games 2022 in Herning, Denmark, aboard her horse "Giraldo".
- Being nominated as Ireland's individual dressage rider for the 2024 Paris Olympic Games.
- Winning the "Dressage Rider of the Year" award from the Irish Field for 2022, in recognition of her breakthrough performance.

Abi Lyle's style combines ambition with a strong focus on the horse-athlete partnership: she has spoken frequently about keeping her horses "happy and confident" as the foundation of high-level performance.

Whether at major championships or in the everyday training yard, she's become a key figure in elevating Irish dressage on the international stage.

Dates:

January 15 - 18, 2026

Location:

La Cresta Equestrian Center
39105 Avenida La Cresta,
Murrieta, CA 92562

Reserve your rider/audit spot today:

www.lacrestaec.com/events

Lesson Fee:

\$325 - 45 minute lesson

Audit Fee:

\$40 - one day

\$70 - two days

\$100 - three or four days

Exact cash accepted at door

Stabling Fee:

\$85 per night

Trailer parking available

Questions? Contact Suzanne

Text 951-240-1150

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Please Bring Your Own
Lunch